



## Center for Addiction Treatment Patient's Rights

A patient accepting treatment at Center for Addiction Treatment is guaranteed the following rights:

- The right to be treated with consideration and respect for personal dignity, autonomy and privacy.
- The right to receive services in the least restrictive, feasible environment.
- The right to receive services provided by competent, qualified and experienced clinical staff.
- The right to be informed on one's own condition.
- The right to be informed of available program services.
- The right to give consent or to refuse any service, treatment or therapy.
- The right to participate in the development, review and revision of one's own treatment plan and receive a copy of it.
- The right or freedom from unnecessary or excessive medication, unnecessary physical restraint or seclusion. *(CAT does not do physical restraint or seclusion.)*
- The right to be informed and the right to refuse any unusual or hazardous treatment procedures. *(CAT does not use unusual or hazardous treatment procedures.)*
- The right to be advised and the right to refuse observation by others and by techniques such as one-way vision mirrors, tape recorders, video recorders, television, movies or photographs. *(Security devices are used for monitoring common areas only.)*
- The right to consult with an independent treatment specialist or legal counsel at one's own expense.
- The right to confidentiality of communications and personal identifying information within the limitations and requirements for disclosure of client information under state and federal laws and regulations.
- The right to have access to one's own client record in accordance with program procedures.
- The right to be informed of the reason(s) for terminating participation in a program.
- The right to be informed of the reason(s) for denial of a service.
- The right not to be discriminated against for receiving services on the basis of race, ethnicity, age, color, religion, sex, sexual orientation, national origin, disability or HIV infection, whether asymptomatic or symptomatic, or AIDS.
- The right to know the cost of services.
- The right to be informed of all client rights, *and the right to have these explained in his/her primary language.*
- The right to exercise one's own rights without reprisal.
- The right to file a grievance in accordance with program procedures.
- The right to have oral and written instructions concerning the procedures for filing a grievance. *(Any staff person will assist in the filing of a grievance.)*