CENTER FOR ADDICTION TREATMENT
Recovery Within Reach

Patient Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST **Women 7:30 - 8:00 am** **Men 8:00 - 8:30 am**						
9:30 – 11:30 am Spirituality in Recovery	9:30 – 11:30 am Therapy Groups	9:30 – 11:30 am Therapy Groups	9:30 – 11:30 am Therapy Groups	9:30 – 11:30 am Therapy Groups	9:30 – 11:30 am Therapy Groups	9:30 – 11:30 am Therapy Groups and Socialization Skills

LUNCH

Women 11:30 am – 12:00 pm

Men 12:00 pm – 12:30 pm

AFTERNOON EDUCATION CLASSES (Held in P&G Room)						
Structured Recreation	Support in Recovery	Managing Addiction 1	Family Skills	Drug Specifics and Cultural Influences	Managing Addiction 2	Structured Recreation
1:00 – 1:50 pm	1:00 – 1:50 pm	1:00 – 1:50 pm	1:00 – 1:50 pm	1:00 – 1:50 pm	1:00 – 1:50 pm	1:00 – 1:50 pm
2:00 – 2:50 pm	2:00 – 2:50 pm	2:00 – 2:50 pm	2:00 – 2:50 pm	2:00 – 2:50 pm	2:00 – 2:50 pm	2:00 – 2:50 pm
3:00 – 3:50 pm	3:00 – 3:50 pm	3:00 – 3:50 pm	3:00 – 3:50 pm	3:00 – 3:50 pm	3:00 – 3:50 pm	3:00 – 3:50 pm

DINNER

Women 4:15 - 4:45pm

Men 4:45 - 5:15pm

6:00 pm – 6:45 pm AA MEETING	6:00 pm – 6:45 pm NA MEETING	6:00 pm – 6:45 pm AA MEETING	6:00 pm – 6:45 pm AA MEETING	6:00pm – 6:45pm AA MEETING	6:00pm – 6:45pm NA MEETING	6:00 pm – 6:45 pm AA MEETING
7:00 pm – 7:45 pm AA MEETING	7:00 pm – 7:45 pm AA MEETING	7:00 pm – 7:45 pm NA MEETING	7:00 pm – 7:45 pm NA MEETING	7:00pm – 7:45pm NA MEETING	7:00pm – 7:45pm AA MEETING	7:00 pm – 7:45 pm AA MEETING
8:00 pm - 9:00 pm SNACKS	8:00 pm - 9:00 pm SNACKS	8:00 pm - 9:00 pm SNACKS	8:00 pm - 9:00 pm SNACKS	8:00 pm - 9:00pm SNACKS	8:00 pm - 9:00pm SNACKS	8:00 pm - 9:00 pm SNACKS
10:00 pm CURFEW	10:00 pm CURFEW	10:00 pm CURFEW	10:00 pm CURFEW	10:00 pm CURFEW	10:00 pm CURFEW	10:00 pm CURFEW
11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT	11:00 pm LIGHTS OUT